



**Patricia Omoqui** is a uniquely inspiring speaker, author, poet and life coach. Patricia is the creator of *Harness Your Power!*, a seminar that provides essential, practical tools that enables participants to align their energy--thoughts, feelings, words and actions--in a profound way that frees them to create the life they truly love.

*Harness Your Power!* helps participants to identify barriers that keep them stuck in their lives, to reprogram the mind to work on their behalf and to write a new chapter in the book of their life. Patricia delivers her message with passion that ignites the best in individuals and organizations, empowering all to understand and step into their own true power and potential.

Patricia is the author of *Food For Thought*, a daily e-mail offering brief, provocative meditations that touch chords deep inside readers, energizing them to move through their day with hope. People from around the world, connecting with these poetic meditations, are awakening to see their own value, feel their personal power and activate their limitless potential to achieve their heart's deep desires. Readers have described *Food For Thought* as a "mental mini-spa," an "e-mail jewel," and "a comforting way to start the day." One reader declared that, "these *Food For Thoughts* have been more helpful to me than my heart medicine!"

Patricia has always lived with passion. As a 16-year-old in suburban Philadelphia, PA, she began playing basketball for her high school team. She quickly became the top high school scorer in the area and reached the 1,000 point scoring milestone, gaining acclaim that brought many college recruiters to her door.

Her success both on the court and in the classroom gained her admission to Princeton University, where she quickly became a leader on the women's basketball team. Patricia was voted team captain her junior and senior years. Patricia won numerous awards for her accomplishments at Princeton both on and off the court.

During her summers at Princeton, Patricia organized and raised her own funds to travel to Haiti, Brazil, and Portugal. From organizing and running her own camps to speaking in schools, she brought a message of hope for personal achievement to hundreds of kids,





helping them to believe in themselves and showing them practical ways to embrace their dreams. These remarkable opportunities deepened Patricia personally, as she became more aware of the phenomenal potential living within each human being.

Following college, Patricia played professional basketball in Brazil, England, and Sweden. Her innate leadership skills and her love affair with excellence in all that she

does translated seamlessly to management in the business world. Patricia launched her corporate career with a management consulting position with Accenture. Next she moved to a division of Tyco International, where she took disorganized work groups and transformed them into cooperative, efficient teams that have achieved great results. Whether she is leading Six Sigma process improvement initiatives or building long-lasting customer relationships, Patricia has experienced tremendous success as a businesswoman. Her efforts resulted in tremendous savings for her employer-one project alone netted over \$2 million dollars in savings.

Academic accomplishments, athletic experience, corporate training, world travel, and instruction from spiritual leaders have led Patricia to unique perspectives on how individuals can realize, focus and use inner resources to accomplish anything they want in life.

When Patricia is not writing, speaking to groups, or privately mentoring individuals to achieve abundance in their own lives, she is spending time with her husband, David, and their two beautiful daughters, Maggie and Skye.

**[www.patriciaomoqui.com](http://www.patriciaomoqui.com)**

